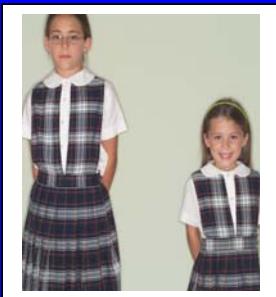


# Rollingwood Times

Back to School

Issue 1



## Important Dates

August 15<sup>th</sup>: Tuition Due  
August 27<sup>th</sup>: Meet and Greet from 5:30-7:00  
September 1<sup>st</sup>: Labor Day: *School Closed*  
September 2<sup>nd</sup>: First Day of School  
September 8<sup>th</sup>: Assessments begin  
September 23<sup>rd</sup>: Open House: Preschool I-III  
5:30-7:00 (**Child care not provided**)  
September 25<sup>th</sup>: Open House: Pre-kindergarten-K  
5:30-7:00 (**Child care not provided**)  
October 6<sup>th</sup>: Usborne Book Fair begins  
October 24<sup>th</sup>: Halloween Parade & Party: 11:00  
October 29<sup>th</sup>: Picture Day!

## Uniform Policy

Tops: White, light blue or navy polo shirts or blouses

Bottoms: Navy, khaki or plaid (girls) shorts, pants, skirts & skorts (girls).

\*Go to [www.frenchtoast.com](http://www.frenchtoast.com) for more information on dress code. We also recommend Gap, Target and Old Navy as they have a uniform section on their websites and sometimes in the stores.

\*No open toed shoes!

\*No uniforms on Friday!



*Patience and  
fortitude  
conquer all things  
~Ralph Waldo  
Emerson*

## Gate Duty Procedures

Rollingwood staff will be outside the building from 8:45-9:05 am. We will escort children into the building and safety patrol will take students to their classroom. Please enter the second driveway entrance and pull your car to the main walkway in front of the building. We will escort children from two cars at a time. Please be patient and wait to pull around to the walk way as this will expedite the carpool process. Please do not walk your child to the building unless you park your car in a parking space.

We now have 3 hour parking directly adjacent to the school. You may park here for drop off and pick up, however, you will need to walk your child to the porch area or to the classroom. Please do not allow your child to walk from the car when parking on the street. For afternoon pick-up (1:00 & 3:30) a staff member will escort your child to your car. Please remain in your car and refrain from "carpool conversation" as this causes congestion.

Rollingwood will inform all families as to parking procedures before all special events throughout the year.

**\*Please remember that the school is located in a neighborhood with families and pets!  
Observe the 25 m.p.h. speed limit at all times!**

## Preparing Your Child for School

*Before  
anything else,  
preparation is  
the key to  
success  
~Alexander  
Graham Bell*

- ~Get a full nights rest and a nutritious breakfast.
- ~Read to your child everyday.
- ~Check you child's folder on a daily basis and place your child's monthly calendar & newsletter in a visible location so as not to be caught off guard by special events or important classroom information.
- ~Please have your child to school by 9:00 am as late arrivals are disruptive to your child's peers and themselves.
- ~Ask, Ask, Ask!!!! No questions are silly questions!

## Easing Separation

Being separated from the people we really care about in our lives can be a very painful experience. Any parent who has had to leave a crying, clingy or screaming child in someone else's care know the guilt and uncertainty such a situation can cause.

You have chosen Rollingwood Academy as your child's school and care provider. Your child will pick up on the adult lead and adjust quickly, if the parent role models a positive attitude toward the separation. When your child protests the separation, they are telling you that they care about you. Your child wants to "fly" but at the same time doesn't want to "give you up". Your child is realizing that he/she is becoming independent and less attached to their parents. This can be overwhelming at times but a necessary force of nature!

Here are some tips on how to ease the separation process:

~Tell the child what to expect and attend "Meet and Greet" on August 27<sup>th</sup>! Walk around the classroom, show your child his/her cubby, the bathroom, and point out how your child is a part of the classroom.

~Acknowledge your child's feeling but try not to fall into a trap of lingering during drop-off. Keep your goodbyes short and know that our staff is well equipped and informed on handling the separation process. Please feel free to call at anytime during the day to check on your child.

~Always speak about school, as well as separating, in positive terms.

~Ask the teacher, or assist them, by telling them what your child enjoys. This will help ease the separation with a positive distraction.

~If your child has specific items that comfort them, then feel free to bring these to school. Photos of the family, blanket or a stuffed animal!

~COMMUNICATE with your child's teacher regarding their day and anything going on at home!



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*Separation can be on of the most stressful periods in the life of a family, the other being early adolescence!*  
~John Rosemond

## Rollingwood Academy

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**CREATING  
THINKERS!**

## Important Policies

~Send in a note or call the school when another adult will be picking up your child. Staff will always require a proof of ID, unless we have met the person prior to the pick up date.

~Tuition is due on the 15<sup>th</sup> of every month.

~All students are to adhere to the dress code policy.

~Always notify the school when your child will be absent, whether due to illness or vacation. If you suspect your child is getting sick or not quite recovered from an illness, please keep your child home. We have other families as well as staff with families to protect.

~Medication will only be dispensed by MAT trained personnel and must be accompanied by a doctor's note. Please read our medication policy carefully.

~Always notify administration and your child's teacher with changes in address and emergency numbers.

~Clearly label your child's change of clothes, blankets, lunchbox and backpacks.

*Welcome back! Meet and Greet:*



*Wednesday, August 27, 2008*